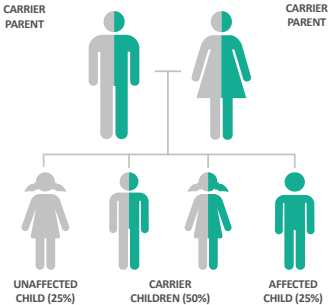


# When is CarrierRef® indicated?

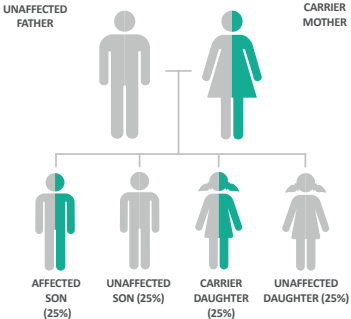
- Couples planning a pregnancy
- In assisted reproduction treatments where donated gametes are used

## Risk assessment in patients with positive results



### Autosomal Recessive Inheritance

Most people are asymptomatic carriers of some autosomal recessive genetic diseases. If both biological parents are carriers of a mutation in the same gene, the risk that the offspring will present the disease is 25%.



### X-linked Inheritance

A woman who is a carrier and does not suffer from a genetic disease linked to the X chromosome can ignore her carrier status and transmit the mutation to 50% of her offspring. In each pregnancy, the patient will have a 25% chance of having an affected offspring.



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CarrierRef®  
Carrier Screening



# What is CarrierRef®?

CarrierRef® is the most comprehensive carrier screening test, combining NGS sequencing with other molecular biology techniques to study >360 diseases and >4.000 variants. The diseases studied in our test have been selected based on the following criteria:

- Clinical relevance
- Severity
- Early presentation of the disease
- Incidence
- Recommendations of the medical societies of gynaecology and genetics
- Existence of treatments or possible early intervention

# The importance of offering CarrierRef® to your patients



We are all carriers of 14-18 pathogenic genetic variants



Up to 2.3% of couples carry the same pathogenic genetic variant.



Carrier couples have an increased risk of having an affected offspring

20% of deaths and 10% of pediatric hospitalizations in developed countries are due to hereditary diseases. CarrierRef® offers early and actionable information on serious genetic diseases to facilitate family planning, adequate prenatal care and access to prenatal, neonatal and/or pediatric treatments.

# Why choose CarrierRef®?

## PREVENTION AND PLANNING

It allows us to find out whether the parents are carriers of any pathogenic variant associated with an autosomal recessive genetic disease or linked to the X chromosome, in order to guide them in making informed decisions and prenatal/postnatal plans.

## GREATER KNOWLEDGE AND SECURITY

CarrierRef® offers the highest detection rate on the market mainly due to 2 reasons:

1. It has been **designed according** to the criteria of the **most relevant health organisations** and it is constantly updated.
2. All the **genes** studied are **completely sequenced**.

## GENETIC COUNSELING

- Pre and post test genetic counselling with our geneticists.
- We are fortunate to be able to include the experience of **Dr. Cristina Camprubí**, specialist in reproductive genetics.



## ADVANTAGES OVER OTHER TESTS

- **Complete sequencing of each gene by using NGS**, guaranteeing maximum clinical sensitivity.
- **Additional molecular biology techniques** to detect pathogenic variants that cannot be determined by NGS.
- **AGG interruptions for Fragile X**, not included in most carrier screening tests, which estimate the risk only on the basis of CGG repeats (modified risk in > 83% of carriers in a premutation).
- **Silent carrier analysis for Spinal Muscular Atrophy (SMA)**, improving the detection rate by 5-8%.
- Detection of **Congenital Adrenal Hyperplasia** carriers (**CYP21A2**).
- **Detection of Thalassemias, Haemoglobinopathies and Duchenne Muscular Dystrophy (DMD)**.
- Detection of 25% more carriers of **Cystic Fibrosis** than usual screenings, due to NGS technology.
- **Conclusive medical reports validated by our geneticists.**



Test code: **15048**



5 mL whole blood EDTA



Informed consent must be sent with the sample

